



UNDERSTANDING DEMENTIA: MORE THAN JUST MEMORY LOSS

When we hear the word dementia, we often think of memory loss – forgetting names, appointments, conversations or where we have placed something.

While memory loss can be an important part of dementia, dementia is much more than forgetfulness. It can affect the way a person thinks, communicates, behaves, makes decisions, experiences the world and manages everyday activities.

Dementia is an umbrella term for a group of conditions that cause changes in the brain. Alzheimer's disease is the most common cause, but there are also other forms, including vascular dementia, Lewy body dementia and frontotemporal dementia.

One of the most important things to understand about dementia is that it can affect many different areas of a person's life. This includes memory, thinking and reasoning, communication and language, mood, personality, and behaviour, perception and recognition, physical abilities and everyday functioning.

Perhaps the most important thing to remember is that a diagnosis of dementia does not erase the person.

- They may forget your name but still enjoy your company.
- They may struggle to speak but still understand kindness.
- They may forget an event but still experience happiness.

Ultimately, dementia changes a person's abilities, but it does not remove their need for dignity, respect, love, belonging, and meaningful human connection.

RYNPARK

Congratulations!

90+ Birthdays in September

1	Alize Murray (93)	Harmony Home	Room 29
24	Keith Rowe (96)	Petunia	Room 32
25	Stella Walker (94)	Snyman Home	Room B 5
27	Violet Mouton (96)	Harmony Home	Room 29

New Residents that moved into Rynpark in August 2026

Welcome

Mrs MM Clinton	Rynpark 4	Unit 104
Mrs MF Grant	Rynpark 1	6 G
Mrs M Swart	Harmony Home	Room 12
Mrs CM Howman	Rynpark 1	11 Freesia
Mr PJ & Mrs BM Heyns	Rynpark 7	17 Tarentaal
Mr H Bartram	Harmony Home	Room 41
Mr JA & Mrs ME Nel	Rynpark 1	9 A

OORDENKING / MEDITATION deur Jan Lubbe

HIER IS DIE PAD



Loop jy die regte pad? Waarheen lei die pad waarop jy loop? Jesaja sê: Wanneer jy die regte pad verlaat, sal jy agter jou 'n stem hoor: "Hier is die pad, loop hierlangs". As jy aan die Here gehoorsaam is, sal jy met volhardende gebede op die regte pad loop en bly. Dan sal jy die Here se stem hoor: "Hier is die pad, loop hierlangs". Vir Jesus was dit 'n baie lang en moeilike pad om na ons toe te kom. Die pad van die hemel tot die krip was vernederend: Hy wat God is, moes ook mens word. Jesus se pad van die krip na die kruis was sy lydensweg. Die Man van Smarte moes die pad enduit alleen, van God en mens verlate, stap. Van die kruis na die graf na die hemel was egter Jesus se pad van sy triomftog! Wil jy ook hê jou pad moet opwaarts hemel toe lei? Loop dan die pad van Jesus se triomftog agter Hom aan! AMEN

THIS IS THE WAY

Do you walk on the right road? Whereto does the road lead on which you travel? Isaiah said: When you leave the right way, you shall hear a voice behind you saying: "This is the way, walk on it". If you are obedient to the Lord, with persistent prayers, you will walk on the right road and stay on it. Then you will hear the voice of the Lord: "This is the way, walk on it". For Jesus it was a very long and difficult road to travel to us. The road from heaven to the crib was degrading: He who is God, had to become a human. His road from the crib to the cross was His way of suffering. The Man of sorrows had to walk the road to the end forsaken by God and man. From the cross to the grave to heaven, the road was His triumphal procession! Do you also want your road to lead upwards to heaven? Then follow Jesus on the road of His triumphal procession! AMEN

RYNPARK

EVACUATION DRILLS IN THE PARKS

The OH & S Committee has determined the following dates for the holding of the evacuation drills in the parks:

Monday 21 September	10:00 – 11:30	RP 7 and 14:00 – 15:30 RP6
Tuesday 22 September	14:00 – 15:30	RP5
Wednesday 23 September	10:00 – 11:30	RP4 and 14:00 – 15:30 RP 2&3
Tuesday, 29 September	10:00 – 11:30	Rp1
RP - Frail Care - 6 October 2026		

Training for all emergency committee members will take place in **Rp5 hall** on **17 September 2026 at 09:00**.

Kindly make yourself available to attend the scheduled training together with your committee members and participate in the evacuation drills. Your cooperation and participation is highly appreciated and will contribute to ensuring a safe and prepared environment for everyone.

Pieter Smit
Musikus & Vokalis

 **DATUM:**
17 Oktober 2026

 **PLEK:**
RYNPARK 1 SAAL

 **TYD:**
13:30 vir 14:00

MET DIE
**RYNFELD PRIMARY
MARIMBA BAND**

*Kom geniet die middag
saam ATKV Benoni*

BESPREEK BY:
Ledine/ Chanelle op 7780
OF Poppie op 7016

**Rynpark 7, Knitting
Christmas
Market**

JOIN US FOR A CUP OF COFFEE OR TEA

 31 October 2026
10:00 AM - 14:00 PM

 **RYNPARK 7**
Clubhouse

ITEMS FOR SALE:

- Hand made items
- Christmas Gifts
- Delicious Food
- Baked Goods

SPECIAL HIGHLIGHTS:

 **DON'T MISS OUT!**
BRING YOUR FRIENDS &
FAMILY FOR A FESTIVE DAY OUT!

ALL PROCEEDS
USED FOR CHARITY.

Support
Local
Spread
Joy!

 HOT COCOA & CHOCOLATE

 CHRISTMAS SOUVENIRS

 FOR MORE
INFORMATION

 Pat Karshagen x 7690

WELLNESS TALK WITH LENE

TOPIC: DEMENTIA



DATE: **29th** OF SEPTEMBER

TIME: 10:00 AM

VENUE: RYNPARK 1 HALL

NO BOOKING REQUIRED

for more info contact

Ledine/Chanelle on 7780

PosterMyWALL.com



PLAYHOUSE Theatre

2026

LIVE. LOCAL. MEMORABLE.

Entrance Fee
DONATION
WELCOME
AT THE DOOR

WED 7TH OCT	2 PM
THUR 8TH OCT	2 PM
FRI 9TH OCT	2 PM
SAT 10TH OCT	6 PM

Book Your Seats!

LORRAINE
x 7317

CLAUDINE
x 7221

FRANCES
x 7741

Come and join us for a

SUNDOWNER QUIZ

Wednesday, 16 September 2026

Dingler Hall
Rynpark 2

2h15 pm prompt

Teams up to 6 People
(minimum 2 People)

Free Entrance

Bring your own drinks,
snacks, pen or pencil.

Contact: Mick x7263 or Tony x7316

with Team Name and Numbers before the day

LIFESTYLE PRESENTS

SPRING DANCE

WITH NICO

BRING ALONG YOUR PICNIC BASKETS

CELEBRATE SPRING IN STYLE – WEAR YOUR BRIGHTEST
AND MOST BEAUTIFUL SPRING OUTFIT.



DATE: FRIDAY 4, SEPTEMBER

TIME: 13:30

VENUE: RP1 HALL

DONATIONS ARE WELCOME FOR NICO

BEST
DRESSED
WILL WIN A
PRIZE

To make your booking please contact
Ledine/ Chanelle on 7780 or Poppie on 7016



RYNPARK GARDEN CLUB by Sandra Jakobi

Spring has arrived and our gardens are waking up! After the cooler winter months, September brings warmer days and the promise of beautiful blooms. It is the perfect time to get outside, enjoy some fresh air and give our gardens a little springtime love.

Add a splash of colour with cheerful flowers such as petunias, zinnias and pansies. (Visit your nursery to see what is in flower). A few colourful pots on a patio can make a wonderful difference.

Clear away dead leaves and winter growth, pull out those unwanted weeds and add compost to your flower beds.

September is a perfect time to give your roses some attention after pruning, as we all know after our talk at Garden Club by

Halmar Tachner, the rose expert from Ludwigs Roses. I noticed his inspiring talk certainly got our members into their gardens, putting into practice his advice.

Why not plant a few vegetables or herbs? Tomatoes, beans, peppers and cucumbers are great choices. Fresh herbs such as basil, parsley and chives are also easy to grow and wonderful to use in the kitchen. All these can be planted between your flowers or shrubs.

Early morning is the best time to water and adding mulch around plants helps to keep the soil moist for longer.

Spring brings bees, butterflies and other little visitors back into our gardens. It also brings the amaryllis caterpillar which feed their way deep into the heart of the clivia and agapanthus bulbs, leaving damage that can cause the collapse and even death of plants. Spray preventatively from mid-September to March.

May your September be filled with sunshine, beautiful flowers and plenty of happy moments in the garden!

RYNPARK 5, SERVICE CENTRE

RYNPARK GARDEN CLUB

TOPIC:
Edible & Medicinal value of common weeds

SPEAKER:
Johan Campbell
(the worm guy)

5 SEPTEMBER
11:00 TO 12:00

Products on Sale
Entrance Fee Includes 2 Raffle Tickets

More Information
Sandra Jakobi x 7391
Libby Heiden x 7521
Val Cousins x 7528

ENJOY Summer

RYNPARK
Retirement Estate
500 followers • 89 following

<https://www.facebook.com/share/178ZAP1LoN/?mibextid=wwXlfr>
Besoek ons Facebook blad, like en share sover moontlik asb.

RYNPARK

HARMONY HOME

Harmony Home enjoyed tea in the garden. Nostalgia hung in the air as classic old songs played in the background.



ASSISTED LIVING

A big thank you to the FAK, Helping Hands for surprising our residents with beautiful traditional Afrikaans music, fun games and delicious snack boxes.



RYNPARK

PARKINSONS GROEPIE



RYNPARK 5 - BINGO WINNERS



"A Tribute to Legends"
at The Barnyard Theatre Emperors Palace
celebrates the music of Neil Diamond,
Freddie Mercury and Céline Dion.



HEALTHY HEARING



RYNPARK

WOMEN'S DAY

Rynpark 2 and 3 celebrated Women's Day with a Soup and Sherry evening. Jolly residents enjoyed a chatty social time where they were able to sample from 7 different delicious soups. Grateful thanks to all the soup makers and also for the home baked bread.

Rynpark 2 en 3 het Vrouedag gevier met 'n Heerlike Sop-en-Sjerrie-aand. Vrolike inwoners het 'n gesellige kuier geniet, waar hulle die geleentheid gehad het om van sewe verskillende heerlike soppe te proe.

Baie dankie aan al die sopmakers, asook vir die tuisgebakte brood. Ons waardeer julle moeite en bydrae opreg.



**RYNPARK 4 -
Monthly Lunch
and Lucky Draw
Winner**

Advice for all Elders & Seniors

If you see a
toilet in your
dream...

Do not use it!



RYNPARK

CARESERV – WOMEN'S DAY CELEBRATION AT RYNPARK 5



HARMONY HOME - CHURCH SERVICE

Big thank you to Pastor
Rene for the church service
on the lovely Sunday
morning.



HARMONY HOME - LINE DANCE PERFORMANCE

Who says you need to be young to have some moves? Harmony Home residents were treated to a toe-tapping, hip-swaying performance by our own Rynpark line dancers. Smiles, music and plenty of WOEMA filled the room.



RYNPARK

RYNPARK 1

se dames geniet n praatjie deur Tony Nortje van Rynpark 2 oor Attitude met lekker koek en 'n souttert wat deur Sr Lena gebak is.



LENE'S WELLNESS TALK ABOUT PARKINSONS AT RYNPARK 4 AND RYNPARK 5.



RYNPARK 1 - Park Representative:

Park	Activity	Day	Time	Volunteer
RP1	Arts & Crafts	Monday	09:30-12:00	Lifestyle Team
RP1	Scrapbooking	Monday	14:00-16:00	Poppie 7016
RP1 Hall	Line Dancing for Beginners	Tuesday	08:30-10:00	Jenny Cloete 7580
RP1 Hall	Movie	Once a Month on a Tuesday	13:00-16:00	Poppie 7016
RP1	Fabric Painting	Tue & Thurs	10:00-12:00	Poppie 7016
RP1	Putt-Putt	Wednesday	10:00-12:00	Sally 7309
RP1	Arts & Crafts	Wednesday	09:00-12:00	Lifestyle Team
RP1 Hall	Chair Exercises	Wednesday	14:00-15:00	Veronica 7175
RP1	Library	Wed & Fri	09:00-12:00	Hannetjie O'Neill 7113
RP1 Hall	Bible Study	Thursday	11:00-12:00	PSTR René Jackson
RP1 Hall	Bingo	Thursday	14:00-15:00	Poppie 7016
RP1 Hall	Rummikub & Games	Friday	14:15-15:30	Poppie 7016
RP1 Hall	Church Service	Sunday	11:00-12:00	PSTR René Jackson

RYNPARK 2 & 3 - Park Representative: Keith Ablett 7329

RP2 Dingler	Knitting Club	Monday	14:00-15:30	Florence 7276
RP2 & 3	Mens Chat Group	Every 1st Monday	15:00	Robin 7311
RP2 Dingler	Chair Exercises	Tuesday	09:00-10:00	Joan Rankin 7344
RP2 & 3	Library	Tuesday Friday	14:00-16:00 10:00-12:00	Renette Watkins 7321
RP2 Dingler	Bingo	Tuesday	14:00-15:00	Joan Hendriksen 7305
RP2 Dingler	DVD's Library	Wednesday	09:00-11:00	Pikkie de Beer 7230
RP2 Dingler	Table Tennis	Wednesday	10:00	Sally 7309
RP2	Putt-Putt	Wednesday	10:00-12:00	Sally 7309
RP2	Sundowner Quiz	Every 6 Weeks Wednesdays	14:15	Mick 7263
Dingler	Pilates	Thursday	10:30-11:30	Ledine/Chanelle 7780
Dingler	Rummikub	Thursday	14:00-16:00	Jean 7341
RP2 Dingler	Darts	Friday	14:00-16:00	Rodney 7286

RYNPARK 4 - Park Representative: Peps Pretorius x 7395

Park	Activity	Day	Time	Volunteer
RP4	Chair Exercises	Monday	14:00-15:00	Olivia x 7634
RP4	God's Hour	Wednesday	10:00-11:00	Ds Alberts Jooste 084 601 8914
RP4	Chair Yoga	Tuesday	11:00-12:00	Claudia 082 966 9633 Chanelle 7780
RP4	Knitting Group	Wednesday	13:30-16:00	Nora 7387
RP4	Line Dancing	Thursday	09:00-10:30	Judy Gerber 7436
RP4	Oil Painting	Thursday	14:00	
RP4	Pool, Canasta & Social	Friday	15:00-17:00	Peps 7395 / Chanelle 7780

RYNPARK 5 - Park Representative: Pierre Muller 7564

RP5 Hall	Line Dancing	Monday & Fri	08:30-10:30	Jenny Cloete 7580
Rp5 Hall	Yoga	Monday	14:00-15:00	Leanne 0823241332
RP5	DVD Library	Tuesday	14:00-15:00	Carol Wilson 7574
RP5	Camera Club	Every 3rd Fri	14:00-15:00	Rob 7750
RP5 Hall	Line Dancing for Beginners	Tuesday	11:00-12:00	Jenny Cloete 7580
RP5	Garden Club	1st Sat each month	11:00-12:00	Sandra Jakobi 7391
RP5 Hall	Bridge	Tuesday	12:30-16:00	Rose Metzger 7740
RP5 Act. Room	Rummikub	Thursday	14:00-16:00	Libby Heiden 7521
RP5 Snooker	Snooker	Every day	09:00-16:00	Derek Karshagen 7690
RP5 Gym	Gym	Every day	Any time	
RP5	Library	Every day	Anytime	Geoff Smart 7562
RP5 Servitude	Cricket	Thursdays	09:00-12:00	Tony Nortjé 7316
RP5	Movie	Every 3rd Friday of the month	10:00-13:30	Chanelle 7780 & Carol 7574
RP5 Gym	Biokinetics Gym Class	Friday	12:30-13:30	Nadine Harding 082 302 2359
RP5	Bingo	Every 2nd Friday		Pierre Muller 7564 Pierre, David & Chanelle

RYNPARK 6 - Park Representative: Coert Van Der Merwe 7648

Park	Activity	Day	Time	Volunteer
RP 6 Lapa	Sundowners	Monday	16:00-18:00	Beverley Beukes 7628
	Games	Tuesday	14:00-17:00	Minnie Koster 7648
Baan agter Harmony Home Frailcare	Jukskei	Tue & Thu	14:00-16:30	
RP 6 Lapa	Exercises	Thursday	09:00-10:00	Olivia Belcher 7634
RP 6 Lapa	Arts & Crafts	Friday	09:00-12:00	Christine Bremner 7684

RYNPARK 7 - Park Representative: Daleen Hiten x 7728

Rynpark 7 - Club House	Bingo	Every 1st & Last Monday	10:00-12:00	Chanelle Smith 7780
	Beginners Bridge	Monday	13:00-14:00	Tony & Rose Metzer 7740
	Bridge / Socials	Monday	14:00-15:00	Tony & Rose Metzer 7740
	Knitting Group	Tuesday	14:00-16:00	Pam Champion 7715 Pat Karshagen 7690
	Sonneblom Klub	Every 3rd Tuesday	09:30-12:00	Gesina Botes 7688.
	Biokinetics	Wednesday	12:30	Ledine x 7780 (Nadine)
	Men's Social Club	Every Last Wednesday		Stuart Sim 7741

SONNEBLOM KLUB SE HERWINNINGSPROJEK.

Met elke byeenkoms bring die klub lede hul gevulde bottels en ander herwinnings materiaal bymekaar. Elke bietjie help om ons land skoner te hou en huise te bou met die "ecobricks".



Women
OF THE
MONTH
Nominees



Jeanette Spencer



Caroline Geldenhuys



Joan Henrikson



Jill Fry



Sandra Jakobi



Mary-Lynn Paterson



Jenny Cloete



Glenda Montinaro



Beverley Beukes

RYNPARK

NOMINATION

A worthy Nominee of Woman of the month is our Joan (Bingo) Henriksen of Rynpark 2. Joan & Olaf moved into Rynpark in August 2009.

In September 2009 Joan started Bingo in the Dingler Hall with 5 friends attending. 17 years have passed and Tuesday's Bingo is the highlight of the week for 50 plus players, across quite a few parks coming to enjoy Bingo at Rynpark 2.

Easter is a special Bingo, as handmade gifts and Easter eggs are given to each player. Year end Bingo is closed off with a beautifully decorated hall, all of which is created by Joan.

Olaf has been instrumental in creating wonderful woodcraft which Joan uses as centre pieces on all of the tables.

This Bingo event has a theme that is kept secret till the day of the year end Bingo event. A delicious luncheon is served and enjoyed by all. Getting friends, men and women to play Bingo, and enjoying the fun and laughter, and the winners shouting Bingo, brings Joan the happiness that living in Rynpark gives her.

Thank you Joan we really appreciate you.



RYNPARK 5

BYBELSTUDIE

ELKE DONDERDAG | 9:30 - 10:30

Aangebied deur
Ds. Carla van Tonder
en Prop. Bianca Lategan

PILATES

STRENGTH

*Move
Strengthen
Thrive*

DATE:
Thursdays
Starting from
the 3rd of September

TIME:
10:30 - 11:30

Please bring
your water
bottle

VENUE:
Rynpark 2,
Dingler Hall

Please wear
non-slip
shoes

*Move
Strengthen
Thrive*

For more info you can
whatsapp Kathy (whatsapp only)
on 084 461 0959

or contact Chanelle/Ledine
on 7780

RYNPARK

ASSISTED LIVING - MOVIE DAY



ASSISTED LIVING - BINGO



Assisted Living – Lenie Hartman se Kombersie



Springbok Spirit Was Alive and Well at Rynpark 5 Hall as residents gathered to cheer on South Africa in the epic clash against the All Blacks on the 22 August.



RYNPARK

Rynpark 6 Springbok supporters. ready for the big game to start.



SONNEBLOM KLUB

Sonneblom dames hard aan die werk om 'n nuwe vaardigheid aan te leer. Chrissie en Martie spog met hul finale produk.





Your DONATIONS make a DIFFERENCE

RYNPARK
AFTREE-OORD

TOEKA RYNPARK 1
Charity Shop

TRADING HOURS
09:00 - 12:00
WEDNESDAY, THURSDAY & FRIDAYS

Contact Rosa
082 824 0734
011 747 7858

Thank you for supporting our community!

DONATE with love
SHOP pre-loved
SUPPORT our community
MAKE A DIFFERENCE

EVERY DONATION • EVERY PURCHASE • EVERY LIFE CHANGED

NUUSBRIEF NEWSLETTER

E-mail: riana@rynpark.co.za
WhatsApp: 082 520 6879
SEND in your stories, jokes

**ONLY PHOTO'S WITH WRITE-UP
OR CAPTIONS WILL FEATURE
IN NEWSLETTER**

**DEADLINE 25TH OF
EACH MONTH@ 10:00**

IMPORTANT / BELANGRIK
Vanaf/From 1 September 2026
Natleitye - Watering Times
07:00-09:00 of 16:00-18:00

Residents are requested not to water their gardens for longer than 30 minutes per day.

The Board urges all residents to use water sparingly and to assist in reducing water consumption.

Your cooperation is appreciated as we work together to manage water consumption and control costs.

Inwoners word versoek om nie hul tuine langer as 30 min per dag nat te lei nie.

Die Raad doen 'n beroep op alle inwoners om water spaarsamig te gebruik en saam te werk om waterverbruik te verminder.

U samewerking word opreg waardeer terwyl ons saamwerk om waterverbruik te bestuur en koste te beheer.

PLEASE DONATE

We request that, where possible, residents who upgrade to a new cell phone please donate their old one to **TOEKA** to hand to other residents who do not have, or cannot afford to buy one.

EMERGENCY NUMBERS ONLY AFTER HOURS

Manager on Duty:
083 497 1657
Maintenance on Call:
083 734 2008

TERMS FOR SMALL ADVERTS

All ads will run for 2 months. Thereafter removed and will have to be resubmitted if still needed.

Alle advertensies sal vir 2 maande verskyn.

Daarna word dit verwyder en moet weer ingedien word indien nog benodig.

EATS & TREATS

Heuning - Kola Minnie x 7548

Sweeteners - 400 best pills R50 delivered
Jurgen Delpont x 7201

Koekies - Gemmer, Klapper, Soet en
Koshuis sowel as piesang brood.
Charlotte Kraft x7153

Pure Honey - 500g bottles
Sandra Jakobi x 7391

Jurie & Etresia RP1 X7146 (2 Eucalyptus)

Pannekoek - Nick x 7571 RP5/78

Homemade Strawberry jam. All natural
ingredients made with reduced sugar. -
Kathy x7290

Homemade beef & vegetable, chicken &
vegetable pasties and peanutbutter bars.
Rikky x7356

Gebottelde Beet - Magda 7230

GENERAL

Hand Knitted Soft Toys for Sale
Alex x7089

Empisal Double Bed Knitting Machine
PB8, with Lace Carriages, including table,
wool winder & wool. Sandy x 7133

AVON Beauty Products - For Sale, or
become a representative and earn extra
money - Thea Leppan x7660

Ice Cream: Sandwich Wafer, Ice Lollies,
Milky Pie, etc. - Alex x 70

Gebreide Pink Panthers - Poppie x7024

Avon beauty products for sale or become
a representative and earn extra money.
Thea x7660

GENERAL

Greeting cards:

- * Pressed Flower cards.
Geraldine x7284
- * All varieties. Jill x7374
- * All have some original art,
personalised English or Afr.
Carol x7574
- * Cards in stock for every
occasion or specially made.
Chrissie x7684

Freerange Eggs fresh from the farm every
week. Free delivery. Kola x7548

Compost, potting soil, top soil, fertilizer
etc. Free delivery.
Kola x7548

Solar lights Inside and outside lights
installed. Kola x7548

**For all occasions: Hand embroidered
3D cards.** Christmas cards are in stock.
Connie X7328

Media Conversion: All types of media,
audio as well as videos. Tapes, DVD's,
LP records.

Contact **Barry Leppan x 7660**

WANTED

Used and old greeting cards.

Please phone: Christine Shaw 7729

Wanted: a digital projector! Loan unit has
to be returned! Contact Rob on 7311.

WANTED

Looking for the Donation of a Piano in reasonable working condition for use in Rynpark 1 Hall. Needed for Church Services etc. - Audeen x7697

Any Electric Mens Hair Clipper for sale?
Alex x7089

SERVICES

Enige Staalwerk - Susan Venter x7042
Handyman: Robin, your all round handyman. No job too big or small. Give me a call x 7311.

Computer, tablet, e-reader, cellphone lessons. I teach you what you want to know. Carol Wilson x7574

Pedicures and manicures done in the privacy of your own home. Annatjie x7071

Drivers Licence renewal assistance. - Jenny x7580

Sewing/Alterations Lorraine x 7317
Sharpening of knives and garden shears. - Johan x 7503

Bookkeeper - Are you a small business looking for a bookkeeper? 20yrs in my own business. Kathy x 7290

House sitter will look after pets and house, love animals. Eric x7114

MEDICAL ACCESSORIES

Mobility Aids: Wheelchair, Adjustable commode, Walker frame, Seat raiser.

Libby x7738

VEHICLES

I buy cars for cash: Tol x7504

Cash paid: Paul x7587

I can help you get the best price:

Kola Minnie x7548

**!! MAINTENANCE DEPARTMENT
CONTACT NUMBER !!**

Please note that the maintenance contact number has changed.

The new maintenance number is **7850**.

Kindly note that 7017 is no longer available with immediate effect.

We apologise for any inconvenience caused.

**!! ONDERHOUDSAFDELING SE
KONTAKNUMMER !!**

Neem asseblief kennis dat die onderhoudskantore se kontaknommer verander het.

Die nuwe onderhoudsafdeling se nommer is **7850**.

Neem asseblief kennis dat 7017 met onmiddellike effek nie meer beskikbaar is nie.

Ons vra om verskoning vir enige ongerief wat veroorsaak mag word.

