

HARMONY HOME SPRING DAY

Hello Spring! What better way to welcome the new season than soaking up the sunshine in the garden with a delicious ice cream?

A little sunshine, a lot of smiles, and sweet memories made together. **Happy Spring day from Harmony Home**



RYNPARK



90+ Birthdays in October

30	Frederick Keen (95)	Rynpark 2	11 Blomappel
9	Sheila Taylor (93)	Rynpark 2	6 Blomappel
21	Johanna Davies (90)	Rynpark 4	Unit 101
27	James Dooris (90)	Rynpark 5	Unit 94
30	Margaretha Burk (90)	Rynpark 7	2 Blesbok
17	Phillipus Heyns (90)	Rynpark 7	17 Tare ntaal
18	Cathy Mudde (94)	Petunia	Room 14
25	Margaret Kuit (96)	Harmony Home	Room 22
30	Christina Preston (99)	Harmony Hoime	Room 28 A



New Residents that moved into Rynpark in September 2026

Mr DT Geldart	Harmony Home	Room 33 B
Mrs Dina Bezuidenhout	Rynpark 1	Unit 1 F

OORDENKING / MEDITATION deur Jan Lubbe



ENCORE

Jy het seker ook al 'n konsert bygewoon waar 'n baie goeie orkes en baie goeie koor opgetree het. Jy het dit dalk ook so geniet dat jy aan die einde saam met baie ander "encore" uitgeroep het. Jy wil nog meer hoor. Nog meer geniet. Wil hê dit moet aanhou en aanhou. In Jesaja en Openbaring lees ons eendag SAL die fees vir ons vir altyd aanhou! Ons lees: kom en vier fees, kom kry water en kos, verniet. Sonder geld. Kom geniet. Sonder ophou. Die feesvreugde in die hemel sal vir ewig aanhou. Ons sal nie vir 'n "encore" hoef te vra nie! Die encore sal daar wees! Altyd. Genade op genade!

AMEN

ENCORE

Maybe you also attended a concert where a very good orchestra and a very good choir performed. Maybe you also enjoyed it so much that, together with a lot of other people, you called out "encore" at the end of the concert. You want to hear more. Enjoy more. You want it to continue and continue. In Isaiah and Revelation we read that one day our feast WILL continue forever! We read: come and enjoy the feast, come and receive water and food for free. Without money. Come and enjoy. Everlasting. The joy of the feast will continue forever. We need not call out for an "encore"! The encore will be there! Always. Grace upon grace!

AMEN

LIFESTYLE PRESENTS

Fun prizes to be won

BINGO

DATE: 30th OF OCTOBER
TIME: 14:00
VENUE: RYNPARK 1 HALL
COST: R5 PER CARD

YOU ARE WELCOME TO BRING YOUR OWN SNACKS AND DRINKS

BOOKING ESSENTIAL

CONTACT LEDINE/CHANELLE ON 7780 OR POPPIE ON 7016 TO MAKE YOUR BOOKING

RYNPARK DRAMA GROUP PRESENTS

PLAYHOUSE Theatre 2026

LIVE. LOCAL. MEMORABLE.

Entrance Fee DONATION WELCOME AT THE DOOR

WED 7TH OCT	2 PM
THUR 8TH OCT	2 PM
FRI 9TH OCT	2 PM
SAT 10TH OCT	6 PM

VENUE: RYNPARK 1 HALL

Book Your Seats!

CONTACT FOR BOOKINGS:
LORRAINE x 7317 | CLAUDINE x 7221 | FRANCES x 7741

Pieter Smit
Musikus & Vokalis

DATUM: 17 Oktober 2026
PLEK: RYNPARK 1 SAAL
TYD: 13:30 vir 14:00

MET DIE
RYNFELD PRIMARY MARIMBA BAND

Kom geniet die middag saam ATKV Benoni

BESPREEK BY:
Ledine/ Chanelle op 7780
OF Poppie op 7016

Rynpark 7, Knitting Christmas Market

JOIN US FOR A CUP OF COFFEE OR TEA

31 October 2026
10:00 AM - 14:00 PM

RYNPARK 7 Clubhouse

ITEMS FOR SALE:

- Hand made items
- Christmas Gifts
- Delicious Food
- Baked Goods

SPECIAL HIGHLIGHTS:

- DON'T MISS OUT! BRING YOUR FRIENDS & FAMILY FOR A FESTIVE DAY OUT!
- ALL PROCEEDS USED FOR CHARITY.
- Support Local Spinal Injury

FOR MORE INFORMATION: Pat Karshagen x 7090

RYNPARK Garden Club

A GROWING FRIENDSHIP • BLOOMING COMMUNITY

CHRISTMAS Fun Day

Join us on
5 DECEMBER 2026
10:00 AM

GREETINGS GARDEN CLUB
Member Meeting

Celebrate the Season • Grow the Joy

DATE, GAMES & BAKED TREATS! | TEA & COFFEE PROVIDED | BRING A SMALL PLANT OR LATE TO GIVE | LET'S GROW TOGETHER!

Wear something festive & bring your Christmas spirit!

LIFESTYLE PRESENTS OUR ANNUAL

Fashion show

ALL MEN AND WOMEN ARE WELCOME
STEP ONTO THE RUNWAY AND LET YOUR OUTFIT TELL YOUR STORY

OR

ALSO BOOK TO BE A SPECTATOR/CHEERLEADER

OUTFIT CATEGORIES:

1. HATS
2. VINTAGE OUTFITS
3. DRESS LIKE A NATIONALITY
4. RECYCLED OUTFITS

BOOKING ESSENTIAL FOR CATERING PURPOSES

ENTRANCE COST: R10

DATE: 26th NOVEMBER | TIME: 10:00 AM | VENUE: RP 1 HALL

FOR MORE INFO AND TO BOOK CONTACT LEDINE/CHANELLE ON 7780 OR POPPIE ON 7016

RAHIANANT
MOBILE MAMMOGRAMS

YOUR HEALTH. OUR PRIORITY.

Early detection gives you more choices and better outcomes.

This Women's Month, choose the most important appointment you can make.

13 OCTOBER 2026
08:00 - 13:00
RP 5 Parking Area

Strong, capable, worth it.

Please remember your ID's and MEDICAL AID CARDS.

Come 10 minutes earlier than your appointment to fill in your forms.

PRICING

CASH PRICE R1200	PENSIONERS R1000	SUBSCRIPTION CARD R89/month for 12 months
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No deodorant on the day of your appointment.

Results in 3-5 working days sent to you and your doctor.

BOOKING ESSENTIAL

To book your time slot please contact
Ledine/Chanelle on 7780

Save the Date

Picnic in the Park at Rynpark 7

Saturday 14 November 2026

Get ready for a day of chatting, braaiing and enjoying the band. Yes!! They will be there.

CANCER CONNECTION
ELLE YARNS
het tans n

GRANNY SQUARE CHALLENGE

aan. Vandag gaan ek jou uitdaag om jou deel te doen!

Hekel of brei 10 blokke (enige soort, enige wol, enige grootte).

Daag jou vriendin, sussie, ma of dogter (of jou buurman) uit om óók 10 blokke te hekel.

Sluitingsdatum is 15 Oktober, jy het 7 weke!

Yards of Yarn,
help ons om 'n verskil te maak.

RYNPARK

HERITAGE DAY CELEBRATIONS

On Friday 18th Rynpark 2 and 3 celebrated Heritage Day with a braai. Residents brought their own meat while the Committee supplied pap and a delicious sauce. A good social time was experienced by all.



PUTT-PUTT

Thanks to Sally Ash and her ladies, the putt-putt course has received a bright sunny yellow uplift. Players can now clearly see the edges of each hole. Thank you .

SONGS OF PRAISE

Brian and Audene hosted a 'Songs of Praise' afternoon at RP7 on Sunday, 20 September. About 60 residents from the various parks gathered to sing along.





RYNPARK GARDEN CLUB by Sandra Jakobi

YOUR GARDEN IN OCTOBER

This is the most beautiful month of the year, when there are flowers galore in the garden and the scent of early Summer Jasmines in the air. Add a touch of extra colour and plant your summer garden with these summer-flowering bulbs now: begonias, crocosmia, dahlias, oriental lilies, amaryllis and eucomis.

Continuous digging to clear weeds or to soften the soil is a NO NO! Only do this as you plant your annuals. Once planted, never dig around these plants or the shrubs, as the fine root hairs are damaged.

.Who knew that the weeds we battle to eradicate from our gardens are actually medicinally beneficial for humans! Johan Campbell, our speaker this past month, gave an astonishing presentation of the value of many weeds commonly popping up all over our gardens.

Feed perennials with a high potassium feed like 3:1:5 (SR) e.g. gaura, agapanthus, day lilies and inca lilies, daisy bushes, lavender etc.

Spend your time composting your beds and then fertilizing. Be careful of certain composts that are more sand than compost. Buy good quality. Remember – “Penny wise, pound foolish”

Check all your potted plants/container plants and rake off the top layer of old soil and replace with fresh potting soil. Feed with an all-purpose organic fertilizer. Mulch the plant and water well.

Train your lawn to be water efficient – this encourages root growth.

When planting, incorporate Atlantic Fertilizer Bio Rock Root Builder into the planting process to encourage healthy root development and help plants establish themselves successfully. Strong roots mean stronger plants, improved resilience and better uptake of water and nutrients.

Spekboom plant requires very little water, making it an excellent choice for water-conscious Rynpark gardens. It is also a low-maintenance plant and can be used as a hedge, groundcover, container and hanging basket feature or part of a mixed succulent display. Spekboom can provide food and shelter for a variety of garden creatures.

Remember, plant something new. Feed your garden. Strengthen your roots. Encourage flowers and fruit. With a little preparation now, your garden will be ready to flourish throughout summer.

RYNPARK GARDEN CLUB

3 OCTOBER
11:00 - 12:00

TOPIC
Angels in the Garden
BRUGMANSIA

SPEAKER
Heide-Marie Meier
PLANTS FOR SALE

ENTRANCE FEE
Includes 2 Raffle Tickets
R20

CONTACT US

SANDRA JAKOBI 011 747 7391
LIBBY HEIDEN 011 747 7521
VAL COUSINS 011 747 7528

OPEN TO ALL, EVERYONE WELCOME

Rynpark 5, Service Centre

RYNPARK

RYNPARK 6 BRAAI

What a lovely evening to enjoy a Braai. Herewith some of Rynpark 6 residents socializing and catching up.



Every Drop Counts!

Water Saving in our retirement village.
Save today for a brighter tomorrow

Small changes make a BIG difference

In the bathroom

- ✓ Keep showers shorter - 5 minutes is enough.
- ✓ Turn off the tap when brushing teeth or shaving.
- ✓ Fix leaking taps and toilets - a small leak wastes lots of water.
- ✓ Place a bucket in the shower while waiting for warm water and use that water for plants and cleaning.
- ✓ Don't flush the toilet unnecessarily.

In the kitchen

- ✓ Don't let the tap run while washing dishes.
- ✓ Use a bowl or basin to wash vegetables instead of leaving the tap running.
- ✓ Re-use clean vegetable washing water for plants.
- ✓ Only use the dishwasher or washing machine when reasonably full.

In the garden

- ✓ Water early in the morning or late afternoon, not in the heat of the day.
- ✓ Use mulch to retain moisture in the soil.
- ✓ Choose drought-resistant plants and succulents.
- ✓ Water plants at the roots, not the whole area.
- ✓ Check irrigation systems regularly for broken pipes or sprinklers.
- ✓ Do not water pavements and driveways.

Our retirement village

The biggest savings come from what management can manage:

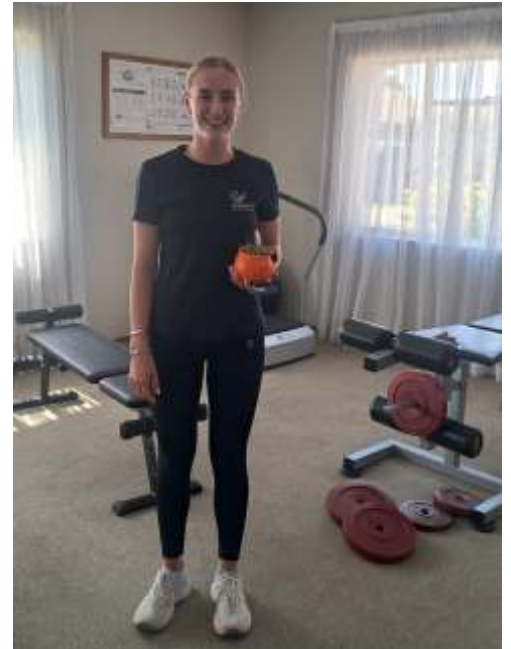
- ✓ Install water-saving showerheads and tap aerators where applicable.
- ✓ Fit dual-flush toilets when toilets are replaced.
- ✓ Regularly check for hidden leaks.
- ✓ Take meter readings to identify unusual usage.
- ✓ Use rainwater tanks for communal gardens where possible.
- ✓ Replace water-hungry landscaping with indigenous, drought-resistant plants.
- ✓ Use drip irrigation rather than sprinklers.
- ✓ Place reminder signs at communal taps: "Every drop counts - please close the tap."
- ✓ Let gardeners water according to a schedule, not automatically every day.

Small changes from every resident can make a BIG difference.
Let's save water together!

RYNPARK

WELLNESS DAY AT RYNPARK 5

Lifestyle hosted a wonderful Wellness Day at the Rynpark 5 Gym. Residents had the opportunity to learn more about the gym equipment, with Jami Beadon (Biokineticist) guiding them on how to use the equipment safely and correctly. It was an informative session, encouraging our residents to stay active, healthy and confident when using the gym. Lene didn't give a talk, but she created a lovely little booklet explaining the benefits of physical activity and the value of challenging yourself. Thank you to Sr Susan (Primary Care) for doing the blood pressure and Johan Botha for overseeing the gym.



BYBELSTUDIE MET DS VAN TONDER

Ons Rynpark 1 inwoner, Etricia, het kitaar gespeel en almal lekker saam laat sing.



Jukskei has started. You are welcome to join at Rynpark 6 on Tuesdays and Thursdays from 14:00. New players welcome. You will be coached by old hands.

RYNPARK

LEEUVENHOF AKADEMIE

Leeuwenhof Akademie invited our Rynpark Cottage Residents as well as Assisted Living, Harmony Home and Snyman to come and enjoy their wonderful *Revue* — and what a fantastic time we had!

There were plenty of smiles, laughter and great entertainment.

A big thank you to **Leeuwenhof Akademie** for inviting our residents and for putting on such a wonderful show.



RYNPARK

ALZHEIMER'S AWARENESS

Alzheimer's awareness community activity- residents painted Forget-Me-Nots on rocks to place in their and others' gardens. Forget-me-nots reminds us to remember the person behind the diagnosis.



RYNPARK 2 PILATES WITH KATHY.

Please take note : Booking Essential. You contact Kathy on 084 461 0959



LENÉ WESSELS

Die Sonneblom klub was geëerd om Lené Wessels, Rynpark se Sosiale Werker, te verwelkom. Lené het die baie belangrike onderwerp van Dementia en Alzheimer simptome en behandeling met ons bespreek. Dit was werklik baie interessant en die lede het haar baie geniet.



OPEN UNITS

RP 2 – TAMARISK 8	2 BEDROOMS + GARAGE
RP 2 - AMANDEL 3	2 BEDROOMS + GARAGE
RP 2 - OLEANDER 13	2 BEDROOMS + GARAGE
RP 3 - ROBINIA 38	2 BEDROOMS + GARAGE
RP 4 – UNIT 45	1 BEDROOM + GARAGE
RP 4 – UNIT 52	1 BEDROOM - NEED TO DO STRIP
RP 4 - UNIT 68	1 BEDROOM
RP 4 - UNIT 69	1 BEDROOM
RP 5 - UNIT 28	1 BEDROOM + GARAGE
RP 5 – UNIT 82	1 BEDROOM + PARKING
RP 6 – UNIT 36	1 BEDROOM WITH GARAGE
RP 6 – UNIT 47	1 BEDROOM WITH GARAGE
RP 6 – UNIT 49	1 BEDROOM WITH GARAGE



RYNPARK

SNYMAN HOME SPRING DAY



RYNPARK 1

Park	Activity	Day	Time	Volunteer
RP1	Arts & Crafts	Monday	09:30-12:00	Lifestyle Team
RP1	Scrapbooking	Monday	14:00-16:00	Poppie 7016
RP1 Hall	Line Dancing for Beginners	Tuesday	08:30-10:00	Jenny Cloete 7580
RP1 Hall	Movie	Once a Month on a Tuesday	13:00-16:00	Poppie 7016
RP1	Fabric Painting	Tue & Thurs	10:00-12:00	Poppie 7016
RP1	Putt-Putt	Wednesday	10:00-12:00	Sally 7309
RP1	Arts & Crafts	Wednesday	09:00-12:00	Lifestyle Team
RP1 Hall	Chair Exercises	Wednesday	14:00-15:00	Veronica 7175
RP1	Library	Wed & Fri	09:00-12:00	Hannetjie O'Neill 7113
RP1 Hall	Bible Study	Thursday	11:00-12:00	PSTR René Jackson
RP1 Hall	Bingo	Thursday	14:00-15:00	Poppie 7016
RP1 Hall	Rummikub & Games	Friday	14:15-15:30	Poppie 7016
RP1 Hall	Church Service	Sunday	11:00-12:00	PSTR René Jackson



**"Ek het vandag besluit om gesond te eet...
Toe besluit die koek om my te toets!"**



RYNPARK 2 & 3 - Park Representative: Keith Ablett 7329

RP2 Dingler	Knitting Club	Monday	14:00-15:30	Florence 7276
RP2 & 3	Mens Chat Group	Every 1st Monday	15:00	Robin 7311
RP2 Dingler	Chair Exercises	Tuesday	09:00-10:00	Joan Rankin 7344
RP2 & 3	Library	Tuesday Friday	14:00-16:00 10:00-12:00	Renette Watkins 7321
RP2 Dingler	Bingo	Tuesday	14:00-15:00	Joan Hendriksen 7305
RP2 Dingler	Table Tennis	Wednesday	10:00	Sally 7309
RP2	Putt-Putt	Wednesday	10:00-12:00	Sally 7309
RP2	Sundowner Quiz	Every 6 Weeks Wednesdays	14:15	Mick 7263
Dingler	Pilates	Thursday	10:30-11:30	Ledine/Chanelle 7780
Dingler	Rummikub	Thursday	14:00-16:00	Jean 7341
RP2 Dingler	Darts	Friday	14:00-16:00	Rodney 7286

RYNPARK 4 - Park Representative: Peps Pretorius x 7395

Park	Activity	Day	Time	Volunteer
RP4	Chair Exercises	Monday	14:00-15:00	Olivia x 7634
RP4	God's Hour	Wednesday	10:00-11:00	Ds Alberts Jooste 084 601 8914
RP4	Chair Yoga	Tuesday	11:00-12:00	Claudia 082 966 9633 Chanelle 7780
RP4	Knitting Group	Wednesday	13:30-16:00	Nora 7387
RP4	Line Dancing	Thursday	09:00-10:30	Judy Gerber 7436
RP4	Oil Painting	Thursday	14:00	
RP4	Pool, Canasta & Social	Friday	15:00-17:00	Peps 7395 / Chanelle 7780

RYNPARK 5 - Park Representative: Pierre Muller 7564

RP5 Hall	Line Dancing	Monday & Fri	08:30-10:30	Jenny Cloete 7580
Rp5 Hall	Yoga	Monday	14:00-15:00	Leanne 0823241332
RP5	DVD Library	Tuesday	14:00-15:00	Carol Wilson 7574
RP5	Camera Club	Every 3rd Fri	14:00-15:00	Rob 7750
RP5 Hall	Line Dancing for Beginners	Tuesday	11:00-12:00	Jenny Cloete 7580
RP5	Garden Club	1st Sat each month	11:00-12:00	Sandra Jakobi 7391
RP5 Hall	Bridge	Tuesday	12:30-16:00	Rose Metzger 7740
RP5 Act. Room	Rummikub	Thursday	14:00-16:00	Libby Heiden 7521
RP5 Snooker	Snooker	Every day	09:00-16:00	Derek Karshagen 7690
RP5 Gym	Gym	Every day	Any time	
RP5	Library	Every day	Any time	Geoff Smart 7562
RP5	Movie	Every 3rd Friday of the month	10:00-13:30	Chanelle 7780 & Carol 7574
RP5 Gym	Biokinetics Gym Class	Friday	12:30-13:30	Nadine Harding 082 302 2359
RP5	Bingo	Every 2nd Friday		Pierre Muller 7564 Pierre, David & Chanelle

RYNPARK 6 - Park Representative: Barry Leppan x 7660

Park	Activity	Day	Time	Volunteer
RP 6 Lapa	Sundowners	Monday	16:00-18:00	Beverley Beukes 7628
	Games	Tuesday	14:00-17:00	Minnie Koster 7648
Baan agter Harmony Home Frailcare	Jukskei	Tue & Thu	14:00-16:30	Johan Botha 7503
RP 6 RP Lapa	Exercises	Thursday	09:00-10:00	Olivia Belcher 7634
RP 6 Lapa	Arts & Crafts	Friday	09:00-12:00	Christine Bremner 7684

RYNPARK 7 - Park Representative: Daleen Hiten x 7728

Rynpark 7 - Club House	Bingo	Every 1st & Last Monday	10:00-12:00	Chanelle Smith 7780
	Beginners Bridge	Monday	13:00-14:00	Tony & Rose Metzer 7740
	Bridge / Socials	Monday	14:00-15:00	Tony & Rose Metzer 7740
	Knitting Group	Tuesday	14:00-16:00	Pam Champion 7715 Pat Karshagen 7690
	Sonneblom Klub	Every 3rd Tuesday	09:30-12:00	Gesina Botes 7688.
	Biokinetics	Wednesday	12:30	Ledine x 7780 (Nadine)
	Men's Social Club	Every Last Wednesday		Stuart Sim 7741

RYNPARK 5 MOVIE DAY



RYNPARK

RYNPARK 1 MEN'S TALK WITH TONY NORTJE.

The men got Samp and Stew, made by our lovely Caroline. Thank you to Sr Lena for all your help.



RYNPARK 4 – 7 EVACUATION DRILLS



RYNPARK

RYNPARK 1 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPTEMBER	22	23	24 HERITAGE DAY	25
21 14:00 Yachtzee 	11:00 Ds Van Tonder 14:00 Rummikub 	10:00 Bingo 	14:00 Beads 	14:00 Dice 
28 14:00 Yachtzee 	29 FIRE DRILL RP1  11:00 Ds Van Tonder 13:00 BRACELET SALE 14:00 ALZHEIMER'S AWARENESS EVENT	30 10:00 Bingo 	OCTOBER	2 10:00 KERRIE EN RYS DAG 
5 14:00 Yachtzee 	6 11:00 Ds Van Tonder 14:00 Rummikub 	7 10:00 Bingo 	8 14:00 Beads 	9 14:00 Dice 
12 14:00 Yachtzee 	13 11:00 Ds Van Tonder 14:00 Rummikub 	14 10:00 Bingo 	15 14:00 Beads 	16 14:00 Dice 
19 14:00 Yachtzee 	20 11:00 Ds Van Tonder 14:00 Rummikub 	21 10:00 Bingo 	22 14:00 Beads 	23 14:00 Dice 
26 14:00 Yachtzee 	27 NO BIBLESTUDY  14:00 Rummikub	28 10:00 Bingo 	29 14:00 Beads 	30 14:00 Dice 

RYNPARK 5

BYBELSTUDIE



ELKE DONDERDAG | 9:30 - 10:30

Aangebied deur
Ds. Carla van Tonder
en Prop. Bianca Lategan

PILATES

STRENGTH

Move Strengthen Thrive

DATE:
Thursdays
Starting from the 3rd of September

TIME:
10:30 - 11:30

VENUE:
Rynpark 2,
Dingler Hall

 Please bring your water bottle

 Please wear non-slip shoes

Move Strengthen Thrive

For more info you can
whatsapp Kathy (whatsapp only)
on 084 461 0959

or contact Chanelle/Ledine
on 7780



RYNPARK

RYNPARK 1 LENTEDANS



RYNPARK 6 ARTS & CRAFTS.

Ladies busy talking, eating and working on a specific item. Such a nice gathering.



SONNEBLUM HERWINNINGSPROJEK

Die Sonneblom klub se Herwinningsprojek gaan van krag tot krag met dames wat hard werk daaraan om herwinbare items in "ECO bricks" te verander. Dis voorwaar verstommend hoeveel ons vermors en dit kan in sulke bruikbaarhede omskep word as ons net die woord by die daad voeg. Elke bietjie help. Baie dankie.



RYNPARK

RYNPARK 5 BINGO



AGATHA CHRISTIE'S PLAY

Rynpark residents went to Monte Casino to watch Agatha Christie's classic whodunnit stage play "The Murder of Roger Ackroyd" (adapted by Mark Shanahan).



CANCER CHALLENGE

Between Rynpark 4 knitting club, Rynpark 6 crafts and Sonneblom club, we raised 120 squares so far for the Cancer challenge. Thank you to all the ladies who helped, as this is for a good cause.



CARESERV HERITAGE DAY LUNCH





Your DONATIONS make a DIFFERENCE

RYNPARK
AFTREE-OORD

Shop Give Support Change Lives

TOEKA
RYNPARK 1
Charity Shop

TRADING HOURS
09:00 - 12:00
WEDNESDAY, THURSDAY & FRIDAYS

Contact Rosa
082 824 0734
011 747 7858

Thank you for supporting our community!

DONATE with love
SHOP pre-loved
SUPPORT our community
MAKE A DIFFERENCE

EVERY DONATION • EVERY PURCHASE • EVERY LIFE CHANGED

NUUSBRIEF NEWSLETTER

E-mail: riana@rynpark.co.za
WhatsApp: 082 520 6879
SEND in your stories, jokes

**ONLY PHOTO'S WITH WRITE-UP
OR CAPTIONS WILL FEATURE
IN NEWSLETTER**

**DEADLINE 25TH OF
EACH MONTH@ 10:00**

IMPORTANT / BELANGRIK
Vanaf/From 1 September 2026
Natleitye - Watering Times
07:00-09:00 of 16:00-18:00

Residents are requested not to water their gardens for longer than 30 minutes per day.

The Board urges all residents to use water sparingly and to assist in reducing water consumption.

Your cooperation is appreciated as we work together to manage water consumption and control costs.

Inwoners word versoek om nie hul tuine langer as 30 min per dag nat te lei nie.

Die Raad doen 'n beroep op alle inwoners om water spaarsamig te gebruik en saam te werk om waterverbruik te verminder.

U samewerking word opreg waardeer terwyl ons saamwerk om waterverbruik te bestuur en koste te beheer.

PLEASE DONATE

We request that, where possible, residents who upgrade to a new cell phone please donate their old one to **TOEKA** to hand to other residents who do not have, or cannot afford to buy one.

EMERGENCY NUMBERS ONLY AFTER HOURS

Manager on Duty:
083 497 1657
Maintenance on Call:
083 734 2008

TERMS FOR SMALL ADVERTS

All ads will run for 2 months. Thereafter removed and will have to be resubmitted if still needed.

Alle advertensies sal vir 2 maande verskyn.

Daarna word dit verwyder en moet weer ingedien word indien nog benodig.

EATS & TREATS

Heuning - Kola Minnie x 7548

Sweeteners - 400 best pills R50 delivered
Jurgen Delport x 7201

Koekies - Gemmer, Klapper, Soet en
Koshuis sowel as piesang brood.
Charlotte Kraft x7153

Pure Honey - 500g bottles
Sandra Jakobi x 7391

Jurie & Etresia RP1 X7146 (2 Eucalyptus)

Pannekoek - Nick x 7571 RP5/78

Homemade Strawberry jam. All natural
ingredients made with reduced sugar. -
Kathy x7290

Homemade beef & vegetable, chicken &
vegetable pasties and peanutbutter bars.
Rikky x7356

Gebottelde Beet - Magda 7230

GENERAL

x2 2-seater couches - Rita van Wyk x7083

Kenwood Slow Cooker (only used once) -
June or Gavin x 7609

Hand Knitted Soft Toys for Sale
Alex x7089

Empisal Double Bed Knitting Machine
PB8, with Lace Carriages, including table,
wool winder & wool. Sandy x 7133

AVON Beauty Products - For Sale, or
become a representative and earn extra
money - Thea Leppan x7660

Ice Cream: Sandwich Wafer, Ice Lollies,
Milky Pie, etc. - Alex x 7089

Gebreide Pink Panthers - Poppie x7024

Greeting cards:

* Pressed Flower cards.

Geraldine x7284

* All varieties. Jill x7374

* All have some original art,

GENERAL

personalised English or Afr.

Carol x7574

* Cards in stock for every
occasion or specially made.
Chrissie x7684

Freerange Eggs fresh from the farm every
week. Free delivery. Kola x7548

Compost, potting soil, top soil, fertilizer
etc. Free delivery.

Kola x7548

Solar lights Inside and outside lights
installed. Kola x7548

**For all occasions: Hand embroidered
3D cards.** Christmas cards are in stock.
Connie X7328

Media Conversion: All types of media,
audio as well as videos. Tapes, DVD's,
LP records.

Contact **Barry Leppan x 7660**

SENIORS TEXTING CODE:

ATD: At The Doctors

BFF: Best Friend Fell

BTW: Bring the Wheelchair

BYOT: Bring Your Own Teeth

FWIW: Forgot Where I Was

GGPBL: Gotta Go Pacemaker
Battery Low

GHA: Got Heartburn Again

IMHO: Is My Hearing-Aid On

LMDO: Laughing
My Dentures Out

OMSG: Oh My! Sorry, Gas

ROFLACGU: Rolling On Floor
Laughing And Can't Get Up

TTYL: Talk To You Louder.



HOLIDAY ACCOMMODATION

San Lameer – Amazing holiday destination - Various weeks available - Frieda Botma x 7712

WANTED

Old Jeans, any condition - for a new sewing project - Yvonne Goosen x 7262
Used and old greeting cards.
 Please phone: Christine Shaw 7729
 Wanted: a digital projector! Loan unit has to be returned! Contact Rob on 7311.

Looking for the Donation of a Piano in reasonable working condition for use in Rynpark 1 Hall. Needed for Church Services etc. - Audeen x7697
Any Electric Mens Hair Clipper for sale?
 Alex x7089

SERVICES

Driver's License renewal assistance - Jenny x7599
Enige Staalwerk - Susan Venter x7042
Handyman: Robin, your all round handyman. No job too big or small. Give me a call x 7311.
Computer, tablet, e-reader, cellphone lessons. I teach you what you want to know. Carol Wilson x7574
Pedicures and manicures done in the privacy of your own home. Annatjie x7071
Sewing/Alterations Lorraine x 7317
Sharpening of knives and garden shears. - Johan x 7503
Bookkeeper - Are you a small business looking for a bookkeeper? 20yrs in my own business. Kathy x 7290
House sitter will look after pets and house, love animals. Eric x7114

MEDICAL ACCESSORIES

Mobility Aids: Wheelchair, Adjustable commode, Walker frame, Seat raiser. Libby x7738

VEHICLES

I buy cars for cash: Tol x7504
 Cash paid: Paul x7587
 I can help you get the best price: Kola Minnie x7548

MAINTENANCE DEPARTMENT CONTACT NUMBER

Please note that the maintenance contact number has changed to
7850.

ONDERHOUDSAFDELING SE KONTAKNOMMER

Neem asseblief kennis dat die onderhoudskantore se kontaknommer verander het na
7850.

